

Physiotherapy after surgery

Your surgeon will recommend that you attend your physiotherapy initial assessment **3 to 4 days** after your surgery date. Please contact a clinic to book your initial assessment.

Please book your physiotherapy initial assessment prior to your surgery!

*****Please answer this question before moving forward*****

Is this the first time you are having surgery done to replace this joint on this side?

(Answer Yes or No)

- YES** - Please use **section 1 and 2** as a guide to booking your physiotherapy appointments in a clinic, as you are a patient enrolled in the Hip and Knee Bundled Care Program.
- NO - I have already had this joint on this side replaced before.** Please turn page over and use **Section 2** for a list of **OHIP clinics (✓)** or clinics that accepts Bundle Care you may wish to book with.

Section 1

As a patient enrolled in the Hip and Knee Bundled Care program, the therapy provided at one of our partnered clinic locations (outlined below) is fully covered by Hamilton Health Sciences. **No payment is required on your end.**

	Name	Address	Telephone
Ancaster	Arthritis & Sports Medicine Centre	49 Wilson Street	905-648-6500
Brantford	Mobility Orthopaedic Rehab Centre	270 King George Road	519-304-5767
Burlington	Absolute Physiotherapy & Wellness	1960 Appleby Line	905-631-1500
Cambridge	Cambridge Centre for Health & Wellness	350 Conestoga Blvd Unit B4D	519-624-9994
Georgetown	Restore Physiotherapy	1A Princess Anne Dr. Unit 200	905-702-1840
Hamilton	Performance Physiotherapy	50 Dundurn Street South	905-527-5111
	Upper James Physio	1508 Upper James	905-383-3096
	West End Physio	10 Ewen Road	905-524-2365
North York	Downsview Orthopaedic & Arthritis Centre	3695 Keele St 2nd floor	647-748-1005
Oakville	Restore Physiotherapy	461 North Service Road Unit B18-19	905-827-7100
Stoney Creek	CBI Health-Hamilton Goderich	45 Goderich Road, Suite 7	905-662-8850
Toronto	Go T.O. Physio & Rehab	272 Richmond Street East	416-366-4686

Note: Patients may choose to attend other **OHIP clinics** closer to home not listed here. Patients may also choose to use their extended health care (private) benefits or on an out-of-pocket basis to attend **private clinics.**

Continued on next side 

Section 2

Here is a list of non-partnered Physiotherapy Clinics in the Greater Hamilton area you may wish to book with. **Partial out of pocket payment may be required.**

Physiotherapy Clinics			
	Name	Address	Telephone
Hamilton	Charlton Physiotherapy ✓	230 James Street South, 3rd Floor	289-768-7396
	Hamilton Physio & Rehab ✓	207-200 James Street South	905-529-0521
	Innova Physio & Sports Rehab ✓	303-883 Upper Wentworth	905-389-8772
	LifeMark Physiotherapy - Hamilton Main East ✓	5-1440 Main Street East	905-544-0053
	LifeMark Physiotherapy - Hamilton Mohawk ✓	3-210 Mohawk Road East	905-388-3902
	Hamilton Ortho Institute	840 Queenston Rd Unit 14	289-674-4400
	Preferred Rehab Physiotherapy Orthopaedic Centre	310 Limeridge Rd West Suite 3	289-755-7777
	PT Health - Mountain Physiotherapy ✓	520 Upper Sherman Avenue	289-919-4114
	PT Health - Victoria Physiotherapy ✓	L2 414 Victoria Avenue North	289-919-4115
	West End Physiotherapy Clinic ✓	10 Ewen Road	905-524-2365
Stoney Creek	Lifemark Physiotherapy Stoney Creek ✓	42 King St. E. Unit 1	905-662-0954
Ancaster	Prime Care Physiotherapy Clinic	385 Wilson St. East	905-648-5554
Dundas	Ultimate Physiotherapy and Rehab	101 Osler Dr, Unit 134B	905 627-1234
Grimsby	Waterview Physiotherapy	3-560 N Service Road	289-235-8800
Waterdown	PT Health - Flamborough Physiotherapy ✓	5-80 Hamilton Street North	289-619-1995
Burlington	PT Health - Brant 730 Physiotherapy ✓	2015 Mount Forest Drive	289-348-0345
	PT Health – Advance Physiotherapy ✓	1450 Headon Road, Unit 1 & 2	905-315-7156
Brantford	CBI Health Centre-Brantford West ✓	325 West Street, Suite 300, Building A	519-756-5450
	Scott Physiotherapy Clinic ✓	35 Morrell Street	519-759-2155
E Brantford	Scott Physiotherapy Clinic ✓	2-422 Grey Grey St	226-777-7133
W Brantford	Scott Physiotherapy Clinic ✓	164 Colborne St W	519-304-8822
Caledonia	Haldimand Physiotherapy Centre ✓	146 Forfar St W Unit 102	905-765-5449
Paris	Scott Physiotherapy Clinic ✓	300 Grand River St N	226-400-2220
Virgil	Niagara Physiotherapy and Sport Clinic ✓	1517 Niagara Stone Road, Hwy 55	905-468-7979
Welland	Physiotherapy Rehabilitation Centre ✓	17 Vaughan Road	905-788-1985
Dunnville	PT Health - Dunnville Physiotherapy ✓	420 Lock Street West	289-768-3687
Fonthill	LifeMark Physiotherapy – Fonthill ✓	6-209 Highway #20 East	905-892-4431
Simcoe	South Coast Physiotherapy ✓	216 West Street, Unit 305	519-428-1234
Tillsonburg	Scott Physiotherapy Clinic ✓	171 North St E	519-842-5162
Port Colborne	Port Colborne General Hospital-Outpatient Physiotherapy ✓	260 Suharloaf St	905-378-4647 x32024
Thorold	Thorold Medical Facilities Ltd. ✓	60 Albert Street West	905-227-5255
St. Catharines	St. Catharines Physiotherapy Centre ✓	4A-145 Carlton Street	905-685-4733
Niagara Falls	Fortius Physiotherapy & Wellness Niagara ✓	Unit 1 & 2, 3930 Montrose Road	289-296-9887
Vineland	Vineland Physiotherapy	4100 Victoria Avenue Suite 101	905-562-3511
Fort Erie	Fortius Physiotherapy & Wellness	660 Garrison Rd Unit 3	905-991-1887
Beamsville	Beamsville Physiotherapy	4413 Ontario St, Unit 202	905-563-6730

✓ Indicates it is an OHIP Clinic

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