

Welcome to the Maternal Fetal Medicine Clinic

Reading this booklet can help you learn about our services, your health care team and what to expect when you visit the clinic.

Maternal Fetal Medicine Clinic

- The doctors working in the Maternal Fetal Medicine Clinic are specially trained Obstetricians called Maternal Fetal Medicine (MFM) Specialists. They provide care to women who have a complex medical history, fetal or maternal complications in their pregnancy.

Maternal Fetal Medicine Clinic	
Phone number:	<ul style="list-style-type: none">• Call 905-521-2644 and follow the recorded instructions.
Clinic Hours:	<ul style="list-style-type: none">• The Maternal Fetal Medicine Clinic is open Monday through Friday, from 8:30 am to 4:00 pm. It is closed on weekends and all statutory holidays.• If you need to cancel or change an appointment, please let us know as soon as possible.

Your health care team

- A team of health care professionals will work together to provide your care. You and your family are part of this team and will take part in making decisions and planning your care.
 - You will see a number of team members at your visits depending on your needs.
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Health care team members	
<ul style="list-style-type: none"> • Doctors: 	<p>You will primarily see one of the MFM Specialists, but you may meet others during your time in the Maternal Fetal Medicine Clinic.</p>
<p>Dr. B. DeFrance Dr. M. Morais Dr. A. Marseu Dr. E. Ashwal Dr. S. Sharma Dr. S. Agrawal Dr. H. Flores Dr. G. Nourallah</p>	
<ul style="list-style-type: none"> • MFM Fellows: 	<p>Obstetricians who are training to be Maternal Fetal Medicine Specialists</p>
<ul style="list-style-type: none"> • Residents: 	<p>Doctors who are training to be Obstetricians</p>
<ul style="list-style-type: none"> • Nurse Practitioners 	
<ul style="list-style-type: none"> • Physician Assistants 	
<ul style="list-style-type: none"> • Clinic Nurses 	
<ul style="list-style-type: none"> • Registered Dietitians 	
<ul style="list-style-type: none"> • Social Workers 	
<ul style="list-style-type: none"> • For our patients with diabetes: Endocrinologist, Diabetes Nurses 	
<ul style="list-style-type: none"> • Students: 	<p>Hamilton Health Sciences is a teaching hospital, linked with McMaster University. With your permission, students in nursing, medicine and other health professions may be involved with your care.</p>

The Doctors on-call System

- The MFM Specialists work with a group of obstetricians and gynecologists to provide care 24 hours a day, 7 days a week.
- When your doctor is not available, another doctor is always “on-call” and will care for you.
- For a complete list of the Obstetricians and Gynecologists who deliver babies at Hamilton Health Sciences (HHS) please see our website: www.mcmasterwomenshealth.ca

What to expect at your clinic appointment

Please bring the following with you to each clinic appointment:

- ✓ Your Ontario Health Card and any personal health insurance information.
- ✓ All of your medications (prescription, over the counter), vitamins and supplements that you are taking. We will review with you all of your medications at each visit.

When you arrive, check in with the Business Clerk. Let the Business Clerk know if you have changed your name, address or telephone number, or family doctor.

Appointment times

- We will make every attempt to see you at your scheduled appointment time. However, your appointment may be delayed if your ultrasound or test results are not available or we have an emergency.
- We do have a number system in the clinic for your follow up visits that is used every day but Thursday. When you check in you will be given a number by the Business Clerk. This will help you have a better idea of when you will be seen.
- We will try to make your waiting time as short as possible. If there is a delay, you can leave your cell phone number with the Business Clerk, so you can walk around the hospital while you are waiting. We will call you when we are ready to see you.

Having an ultrasound

- You may need an ultrasound scan before your doctor's visit. Ultrasounds may be booked in Diagnostic Imaging (2nd floor, yellow section), or in the Antenatal Diagnostic Unit (ADU), (4th floor, red section).
- Your appointment card will indicate where you will have your ultrasound. If your ultrasound is to occur in the ADU, please check in with Diagnostic Imaging on the 2nd floor and they will send you up to the 4th floor. There is a small waiting area by the windows just outside the red elevators.

Having laboratory tests

- When you need blood tests or other laboratory tests, you can have them done in the **Specimen Collection Centre at the hospital; located on the 4th floor, yellow section, in the Boris Clinic** or at your local community lab. There are times when we will ask you have the test done in the hospital laboratory.

Website resources

Visit www.mcmasterwomenshealth.ca to find out more about the following:

Registering for your birth

- **All** women delivering at HHS will need to complete registration forms to ensure we have your insurance information and your preferred accommodation details. These forms are available to print on the website and should be dropped off/mailed to Preferred Accommodation at the hospital.

Recommended pregnancy resources

- Links are provided to recommended websites regarding general pregnancy information such as Omama.com , as well as the downloadable resources specific to Hamilton Health Sciences, “Getting Ready for Childbirth” and “Getting Ready to Go Home”.

Visiting Guidelines

- We strongly encourage you to visit our website to keep up to date regarding visiting policies and guidelines. Changes may occur at short notice in the hospital.

Taking part in research

- Answering important research questions helps us provide the best care possible to women and their families, now and in the future. During your pregnancy, we may ask if you would like to take part in one or more research studies. You can decide whether or not you wish to take part.

**For more information about having your baby at HHS,
visit our website: www.mcmasterwomenshealth.ca**

Questions or concerns?

- If you have questions during office hours, call the Maternal Fetal Medicine Clinic at **905-521-2644**. A Business Clerk will direct your call or take a message for the appropriate team member.
- For concerns about your pregnancy after hours, call Labour and Delivery at **905-521-5050**.
- If you are concerned about yourself or your baby it is best to come to the hospital for care. Call ahead to Labour and Delivery so they can get ready for you. The Labour and Delivery Unit is located to the left of the elevators on the 4th floor in the red section of the hospital.