

# February/March Activity Kit

Version 2

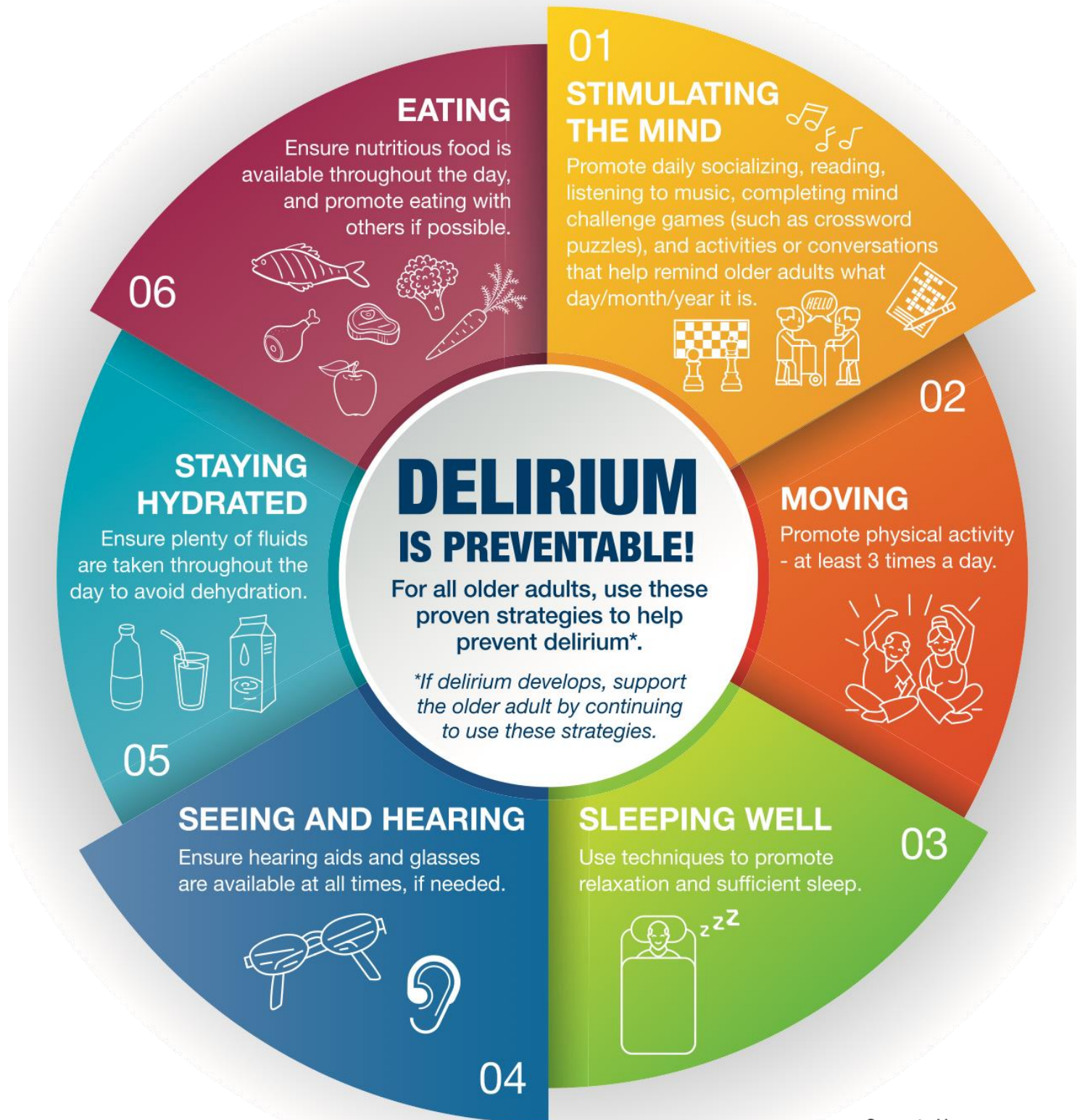


Image: The snowy gates to downtown Hamilton

Source: Ryan McGreal/CBC



# 6 PROVEN\* STRATEGIES TO PREVENT DELIRIUM IN OLDER ADULTS



# Winter Word Search

**Instructions:** Try to find all of the hidden Winter words in the word search puzzle below.  
(Words can be spelled forwards, backwards, diagonally, up, or down.)

W	W	A	Z	C	I	C	D	B	Y
Y	O	J	C	W	K	O	P	L	F
H	A	T	N	Y	O	I	S	W	M
F	O	D	S	H	A	C	P	Y	X
R	F	E	M	O	O	D	A	O	J
O	L	L	T	L	M	D	J	L	P
Z	Y	S	D	E	I	U	O	B	F
E	Z	Z	F	L	D	C	P	O	Y
N	O	G	O	V	U	S	G	C	N
L	C	H	N	V	W	J	J	J	N

## Word List

COLD	HAT
COZY	HOLIDAY
FOG	HOOD
FROZEN	SLED



# Winter Word Search

**Instructions:** Try to find all of the hidden Winter words in the word search puzzle below.  
(Words can be spelled forwards, backwards, diagonally, up, or down.)



## Word List

BOOTS	FOG	JACKET
BRISK	FROST	PENGUIN
COCOA	FROZEN	SCARVES
DECEMBER	HEATER	SNOWMAN





# Valentine's Day Word Scramble

**Instructions:** Unscramble the letters to find the Valentine's Day words from the list below.

m e a r d i r	— — — — —
r a e h t	— — — — —
h o t c a l e s o c	— — — — —
n d f i e r	— — — — —
a e n r c o m	— — — — —
e d a t s r e	— — — — —
k c c p a s e u	— — — — —
l e d a c n	— — — — —
g t f i s	— — — — —
c i u d p	— — — — —

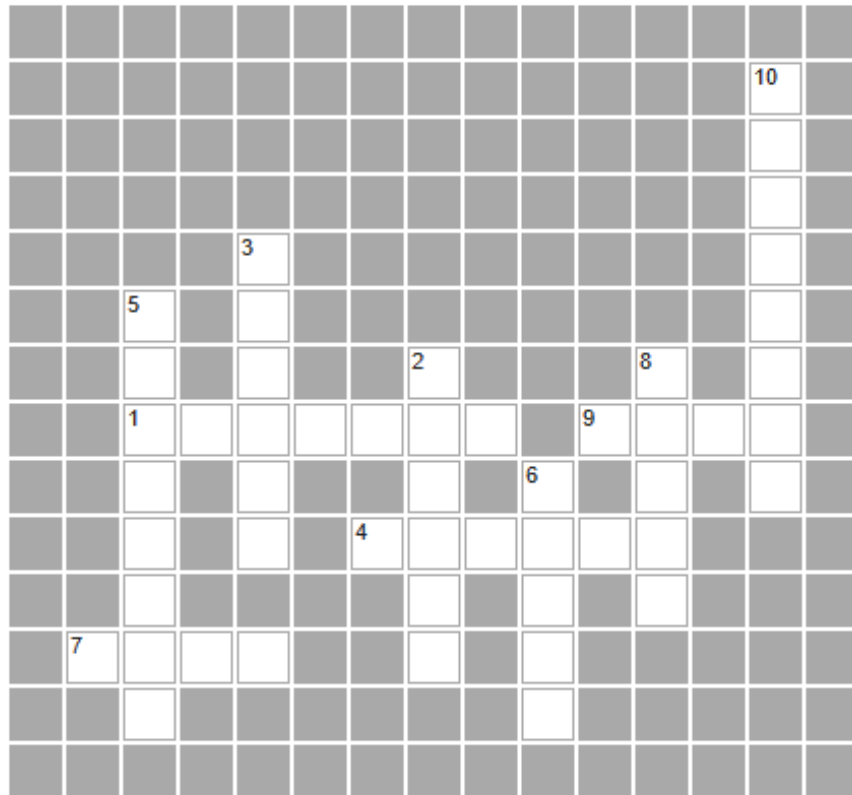
## Word List

admirer	dearest
candle	friend
chocolates	gifts
cupcakes	heart
cupid	romance



# Valentine's Day Crossword Puzzle

**Instructions:** Complete the crossword puzzle by filling in the Valentine's Day words that fit the clues.



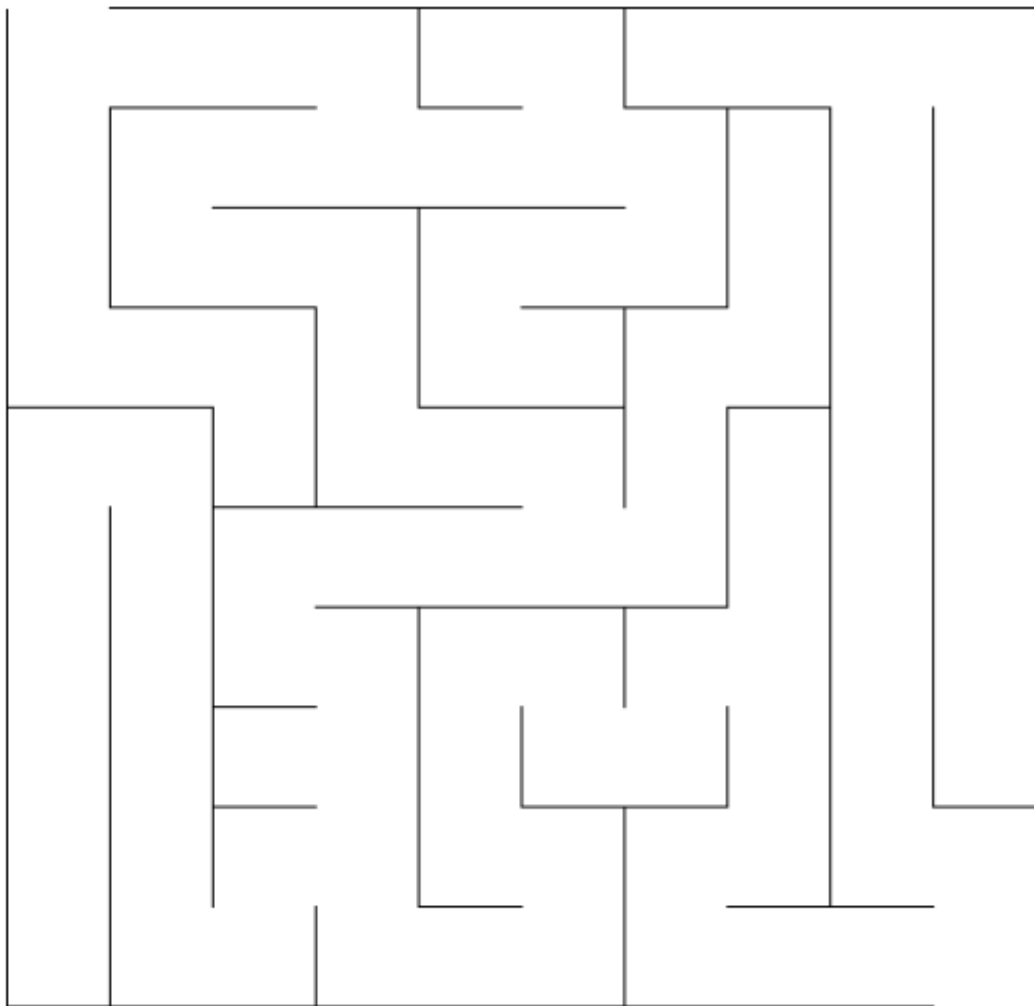
## Across

1. Companions or friends
4. A person that you like
7. Opposite of false
9. Two people going out

## Down

2. Something you don't tell anyone
3. Piece of wax that is burned to give light
5. Second month of the year
6. A Valentine shape
8. Something sweet to eat
10. Soft plush toys

**Instructions:** Trace the path through the maze. Help get the snowflakes to the igloo.



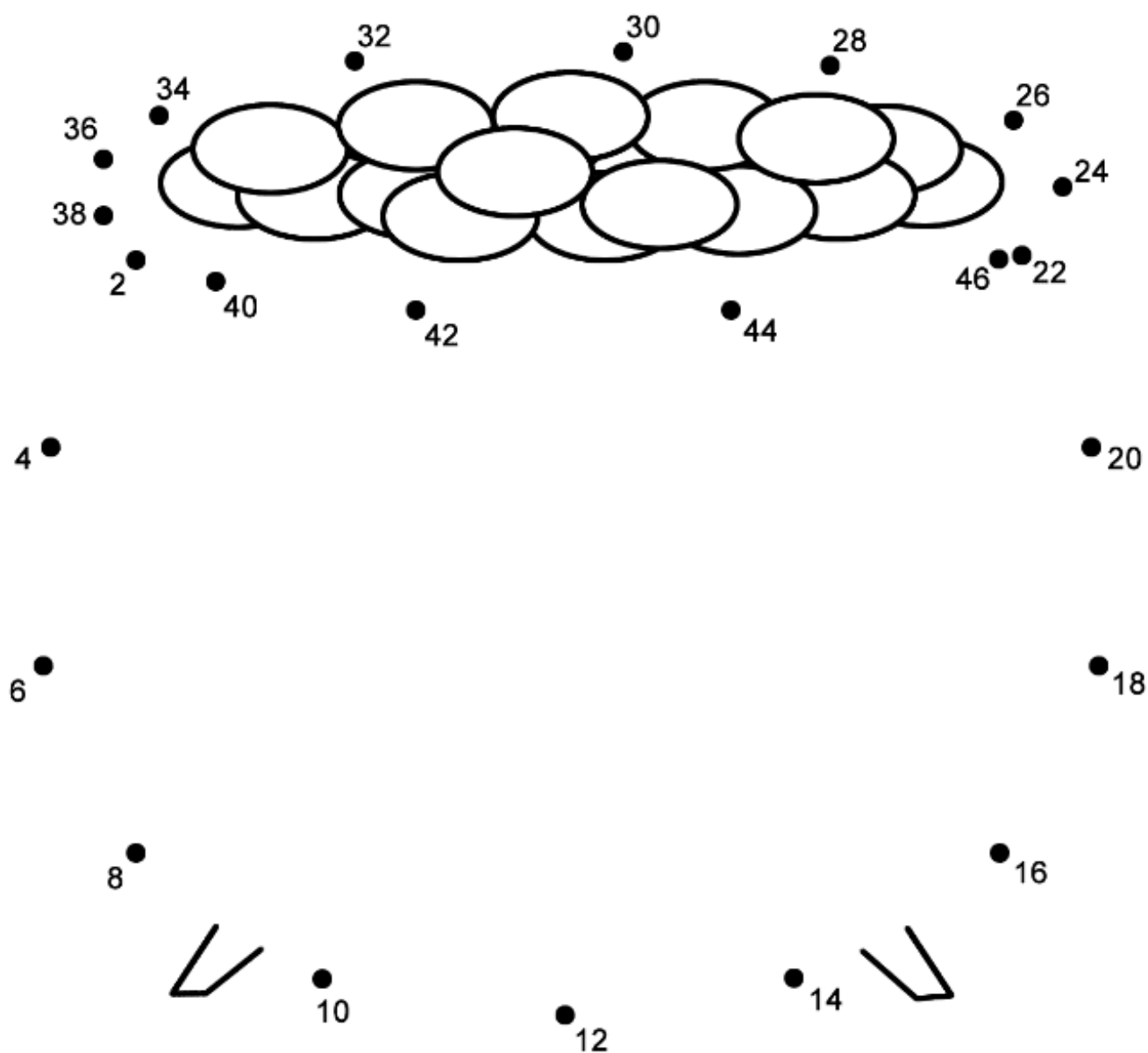
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Finish

**Instructions:** Count by 2's. Connect the dots to make this St. Patrick's Day picture.

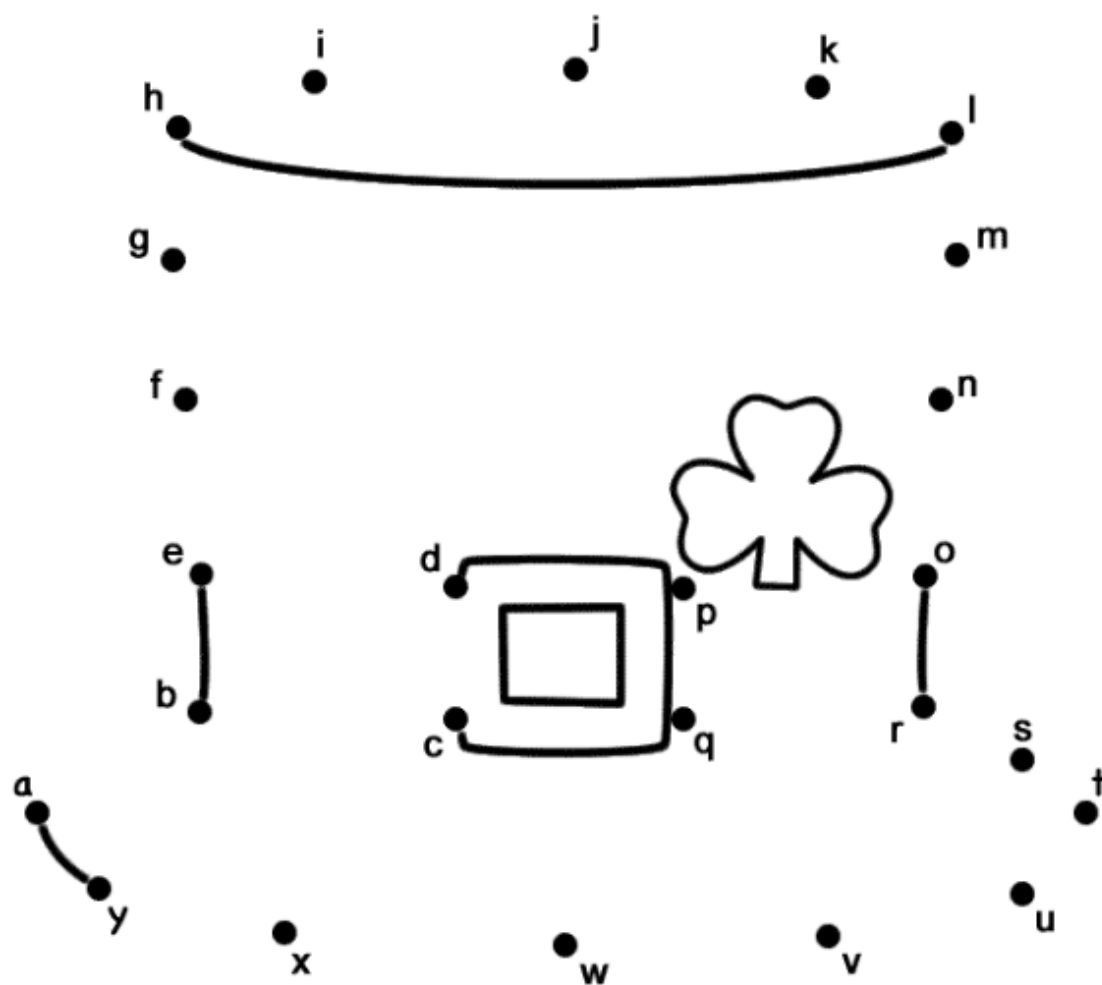
# St. Patrick's Day





**Instructions:** Connect the dots by lowercase letters. Connect a, b, c, d, ... and so on. Connect the dots to make this St. Patrick's Day picture.

# St. Patrick's Day



	5		4		3		1	
		3		7	6	5	4	
1	6	4			5	3	8	
8	4		7		1			3
5	3				9		7	1
7		9	8	3		6	5	4
6	7	5	9		8		3	2
3		1	5		4	7		8
4		8	3	6				5

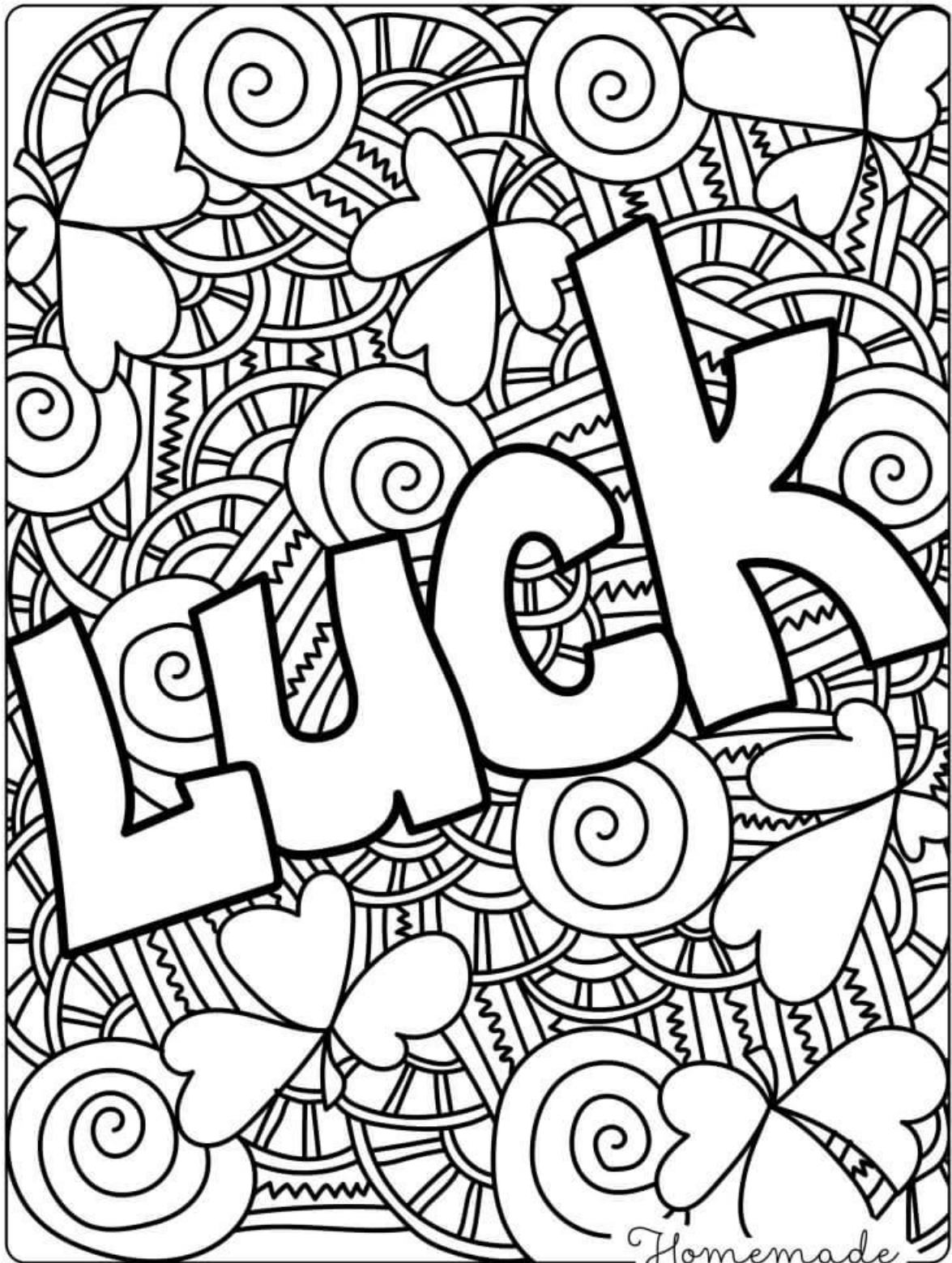
9	6	3	8		7	1	4	
	7	1	5	3			8	
	5	2		6	4	9	7	
	9	5	7	4		8	1	
7		8		1	6	5	2	9
	2	6		5	8	4	3	7
	3	9	2		1	7	5	
2	8			7	5		9	1
	1			9				8

8	5	9	4	1		2	3	6
1	2		3		6	9	8	
	3			8	2	4		1
9	8	1		4	3	6		2
2	7		1	6				9
		3		2	9	8		5
3		7		9	1	5	2	8
5		2	8	7		1		3
	1	8	2	3		7	9	

		2		5			6	3
3	5	9		2	7		8	1
		8	1		3	7		5
	2	4	7		5	8	1	
	6	3	9	8		2		4
7	8		2	4	6		3	
4	1	6	5	7		3		2
2		7	4	1	9		5	
8		5	3		2	1		7







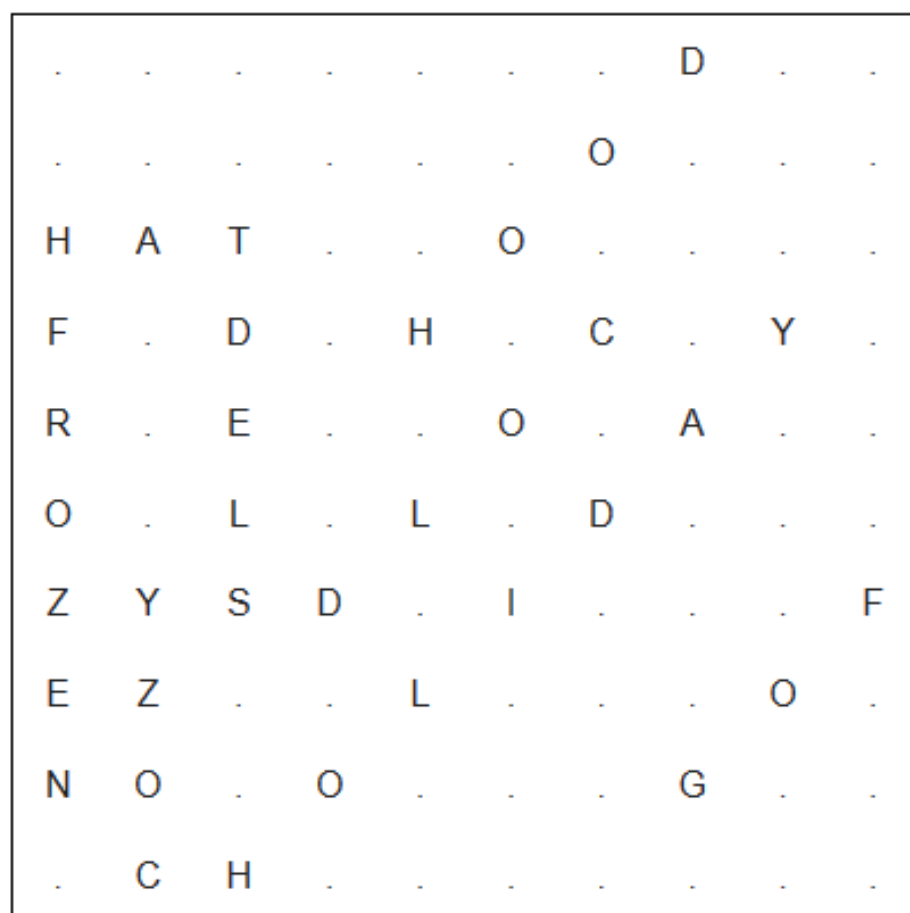
*Homemade*  
GIFTS MADE EASY





## **SOLUTIONS AND ANSWERS**

# Winter Word Search Key

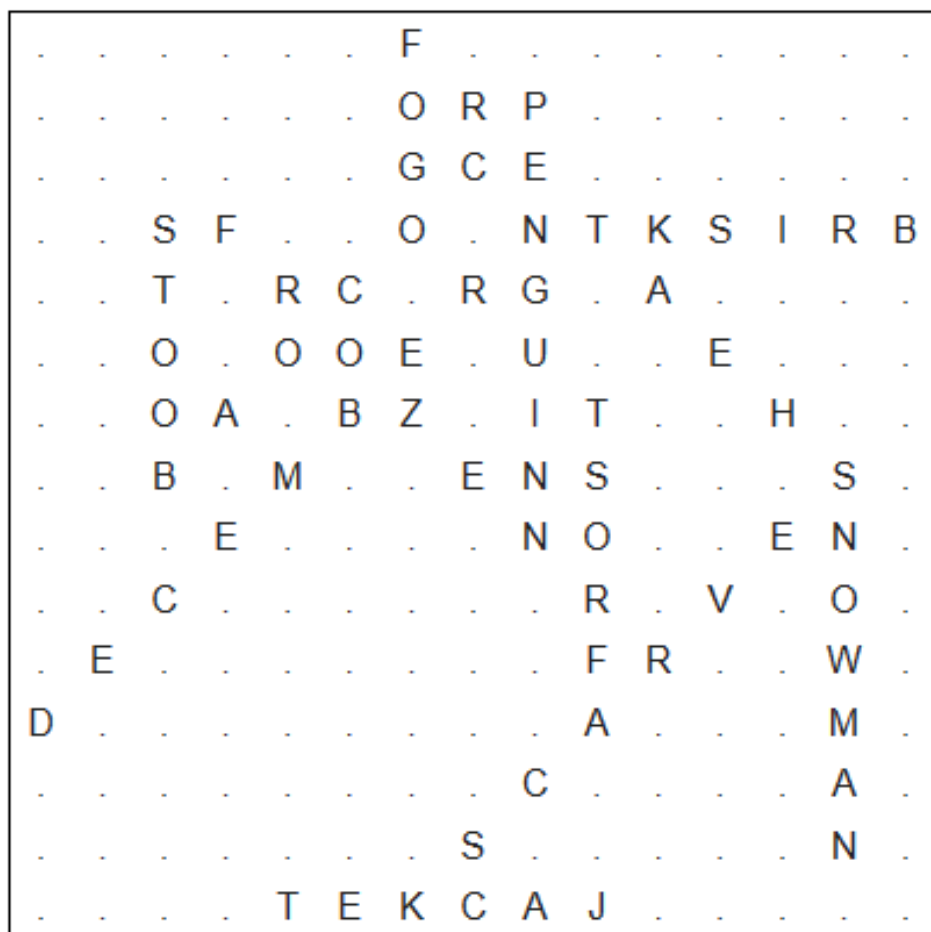


## Word List

COLD	HAT
COZY	HOLIDAY
FOG	HOOD
FROZEN	SLED



# Winter Word Search Key



## Word List

BOOTS	FOG	JACKET
BRISK	FROST	PENGUIN
COCOA	FROZEN	SCARVES
DECEMBER	HEATER	SNOWMAN



# Valentine's Day Word Scramble Key

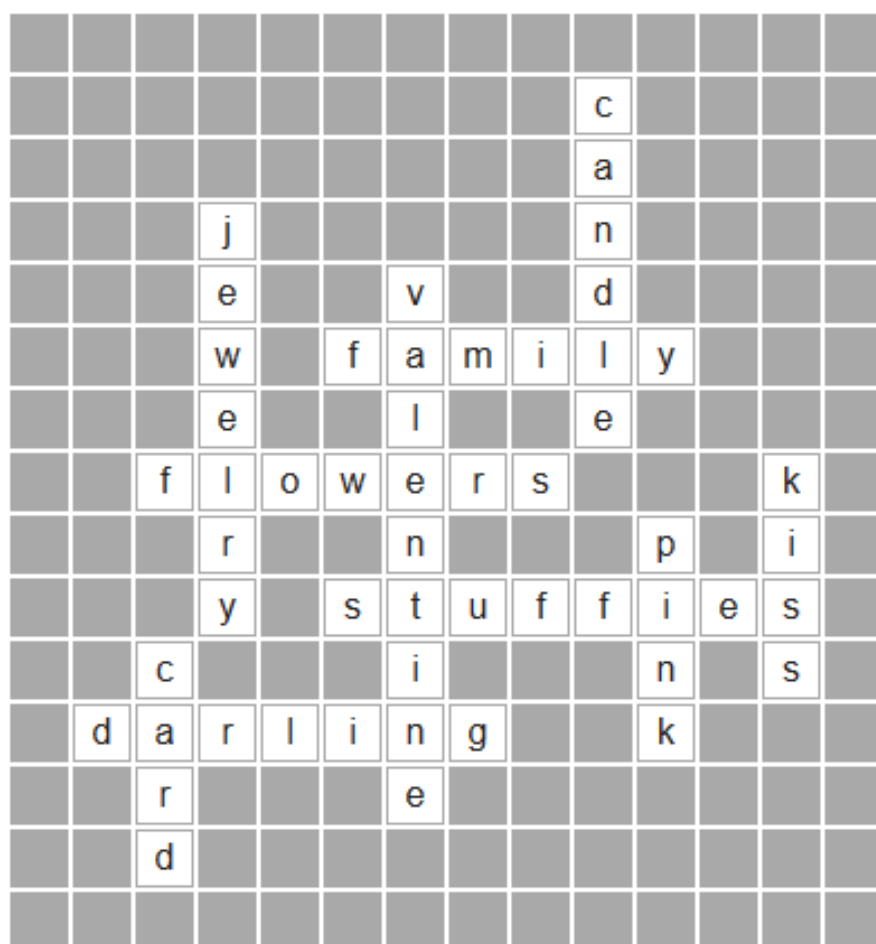
m e a r d i r	<u>a</u> <u>d</u> <u>m</u> <u>i</u> <u>r</u> <u>e</u> <u>r</u>
r a e h t	<u>h</u> <u>e</u> <u>a</u> <u>r</u> <u>t</u>
h o t c a l e s o c	<u>c</u> <u>h</u> <u>o</u> <u>c</u> <u>o</u> <u>l</u> <u>a</u> <u>t</u> <u>e</u> <u>s</u>
n d f i e r	<u>f</u> <u>r</u> <u>i</u> <u>e</u> <u>n</u> <u>d</u>
a e n r c o m	<u>r</u> <u>o</u> <u>m</u> <u>a</u> <u>n</u> <u>c</u> <u>e</u>
e d a t s r e	<u>d</u> <u>e</u> <u>a</u> <u>r</u> <u>e</u> <u>s</u> <u>t</u>
k c c p a s e u	<u>c</u> <u>u</u> <u>p</u> <u>c</u> <u>a</u> <u>k</u> <u>e</u> <u>s</u>
l e d a c n	<u>c</u> <u>a</u> <u>n</u> <u>d</u> <u>l</u> <u>e</u>
g t f i s	<u>g</u> <u>i</u> <u>f</u> <u>t</u> <u>s</u>
c i u d p	<u>c</u> <u>u</u> <u>p</u> <u>i</u> <u>d</u>

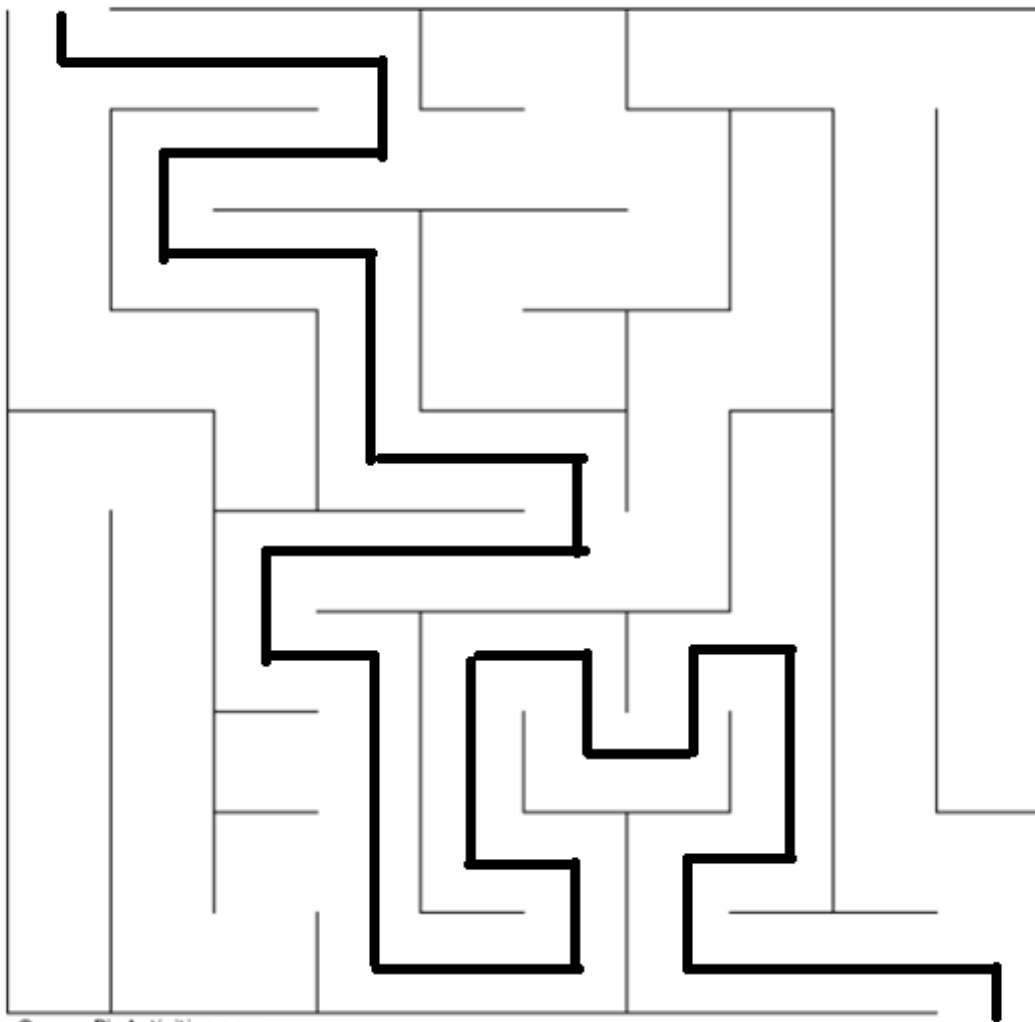
## Word List

admirer	dearest
candle	friend
chocolates	gifts
cupcakes	heart
cupid	romance



# Valentine's Day Crossword Puzzle Key





## Finish



9	5	7	4	8	3	2	1	6
2	8	3	1	7	6	5	4	9
1	6	4	2	9	5	3	8	7
8	4	6	7	5	1	9	2	3
5	3	2	6	4	9	8	7	1
7	1	9	8	3	2	6	5	4
6	7	5	9	1	8	4	3	2
3	9	1	5	2	4	7	6	8
4	2	8	3	6	7	1	9	5

9	6	3	8	2	7	1	4	5
4	7	1	5	3	9	6	8	2
8	5	2	1	6	4	9	7	3
3	9	5	7	4	2	8	1	6
7	4	8	3	1	6	5	2	9
1	2	6	9	5	8	4	3	7
6	3	9	2	8	1	7	5	4
2	8	4	6	7	5	3	9	1
5	1	7	4	9	3	2	6	8

8	5	9	4	1	7	2	3	6
1	2	4	3	5	6	9	8	7
7	3	6	9	8	2	4	5	1
9	8	1	5	4	3	6	7	2
2	7	5	1	6	8	3	4	9
4	6	3	7	2	9	8	1	5
3	4	7	6	9	1	5	2	8
5	9	2	8	7	4	1	6	3
6	1	8	2	3	5	7	9	4

1	7	2	8	5	4	9	6	3
3	5	9	6	2	7	4	8	1
6	4	8	1	9	3	7	2	5
9	2	4	7	3	5	8	1	6
5	6	3	9	8	1	2	7	4
7	8	1	2	4	6	5	3	9
4	1	6	5	7	8	3	9	2
2	3	7	4	1	9	6	5	8
8	9	5	3	6	2	1	4	7