

Pathfinder Series: Colorectal Cancer

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books

Colon Cancer / National Comprehensive Cancer Network

Call number: 7.7.0 2018

- explains which cancer tests and treatments are recommended by experts in colon cancer.
- Information is based on guidelines written for doctors.

Colon and Rectal Cancer: From Diagnosis to Treatment / Paul Ruggieri, Arti Lakhani

Call number: 7.7.3 2019

- 3rd edition
- includes: symptoms of colorectal cancers, tests to diagnose cancer, determining stage of the cancer, surgery and types of treatment.
- a quick and reliable reference as well as a comprehensive guide to understanding the disease and options for treatment.

Johns Hopkins Patients' Guide to Colon and Rectal Cancer / Nita Ahuja, Brenda S. Nettles

Call Number: 7.7.5 2014

- describes treatment options for colorectal cancer from start to finish.
- includes: meeting the treatment team, managing the side effects of treatment, communicating with family and friends, and maintaining a work-life balance.

Websites

American Cancer Society – Colorectal Cancer

<https://www.cancer.org/cancer/types/colon-rectal-cancer.html>

- overview and comprehensive look at colon and colorectal cancer.
- provides disease information and treatment options, videos, and more.



Cancer Support Community – Colorectal Cancer

<http://www.cancersupportcommunity.org/MainMenu/About-Cancer/Types-of-Cancer/Colorectal>

- aims to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.
- important information on colorectal cancer including understanding your cancer, treatment options, side effects, quality of life concerns, and much more.



Colorectal Cancer Alliance

www.ccalliance.org

- an American organization dedicated to informing and supporting those affected by colorectal cancer.
- basic information about the disease, treatment, clinical trials and quality of life, and offers support groups and advice for both the patient and their friends and family.



Colorectal Cancer Canada

<https://www.colorectalcancercanada.com/>

- information about screening, treatments, patient and family support and more.
- news, events, and ways for Canadians with colorectal cancer to connect online or in person.



Colorectal Cancer Resource & Action Network

<https://www.ccran.org/>

- most trusted colorectal cancer patient and caregiver network in Canada.
- website includes colon cancer information, patient programs, support & advocacy, and testimonials.



Medline Plus – Colorectal cancer

<http://www.nlm.nih.gov/medlineplus/colorectalcancer.html>

- From the National Library of Medicine in the U.S.
- a subject directory pointing you to various resources that help explain different types of cancer.
- pages are broken into different sections including diagnosis and tests, prevention and risk factors, treatments and therapies, statistics and research, clinical trials and much more.
- links to credible organizations such as the Mayo Clinic, the American Cancer Society and others, the site is updated regularly and information is always accurate and very current.



National Cancer Institute – Colorectal Cancer

<http://www.cancer.gov/types/colorectal>

- very detailed cancer information
- section on colorectal cancer is divided into six areas: Treatment, Research, Causes & Prevention, Screening, Statistics, and Coping.
- each area provides detailed colorectal cancer information with resources for further reading and more.

