

Pathfinder Series: Genetics and Cancer

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books and Audiovisual

A Cancer in the Family: Take Control of Your Genetic Inheritance / Theodora Ross

Call number: 2.5.6 2016

- author is an oncologist and cancer gene hunter.
- story of discovering her own cancer gene mutation and unravelling her family's unclear history.
- shows readers what to do if they have a genetic predisposition for cancer or suspect one runs in their family.

In the Family / Joanna Rudnick

Call number: 2.5.2 2008 DVD

- follows the author as she connects with other women trying to navigate their way around the wrenching decisions associated with predictive genetic testing.
- author bares her conflicting emotions just as she and her partner contemplate a family together.

Living with Hereditary Cancer Risk: What You and Your Family Need to Know / Kathy Steligo

Call number: 2.5.5 2022

- provides a comprehensive overview of hereditary cancer for a general audience.
- covers genetic tests available and options for medical and surgical treatment.

Websites

BRCA Gene Changes: Cancer Risk and Genetic Testing

<http://www.cancer.gov/cancertopics/genetics/genetic-testing-for-breast-and-ovarian-cancer-risk>

- National Cancer Institute page devoted to making the choice of whether to undergo genetic testing and the advantages and disadvantages of being tested.
- general cancer and genetics information found at the NCI's main *The Genetics of Cancer* page: <http://www.cancer.gov/cancertopics/genetics/>



Familial Gastrointestinal Cancer Registry (FGICR)

<http://www.mountsinai.on.ca/care/fgicr/>

- program dedicated to the care of families affected with rare forms of inherited colorectal cancer.
- information about various diseases, news and events, Frequently Asked Questions, Kids' Korner, newsletters and resources, physician referrals, and more.



FORCE: Facing Hereditary Cancer EMPOWERED

<http://www.facingourrisk.org/>

- "FORCE improves the lives of the millions of individuals and families facing hereditary breast, ovarian, pancreatic, prostate, colorectal and endometrial cancers."
- personalized guidance, message boards, toll-free helpline, private Facebook group, and more.



Hereditary Breast and Ovarian Cancer Foundation (HBOC)

<http://www.hboc.ca/>

- helps men and women at risk weigh the options available to them in order to make informed choices surrounding their decisions.
- information videos about genetics basics, genetic testing and results, management options, talking about your result with family, and more.



Lynch Syndrome International

<http://www.lynchcancers.com/>

- information and support for people affected by Lynch Syndrome, a hereditary disorder that can cause individuals to have a higher than normal chance of developing cancer.
- topics include diagnosis, treatment, managing, surveillance.



MedlinePlus – Genetics

<https://medlineplus.gov/genetics/>

- learn about signs, symptoms, causes, and inheritance of more than 1,300 health conditions with a genetic basis.
- find information about the function of more than 1,400 genes and see how changes in these genes are related to health conditions.



National Society of Genetic Counsellors

<http://aboutgeneticcounselors.com/>

- information about what genetic counselors do, where they can be found, and how much genetic counseling might cost.

