

Pathfinder Series: Cancer and Work

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Online Booklet

Prepare to Return to Work after Treatment for Cancer / University Health Network
http://www.uhn.ca/PatientsFamilies/Health_Information/Health_Topics/Documents/Prepare_to_Return_to_Work_after_Cancer_Treatment.pdf

- answers questions one might have about returning to work once cancer treatment is completed and a patient is feeling well enough to re-enter the workforce.
- how to prepare for your return to work, your rights as a worker, community and online resources to find more information and support.



Websites

Canadian Breast Cancer Network - Returning to Work (metastatic breast cancer)

https://www.cbcn.ca/en/mbc_practical_issues

- refers to a study from 2016 that discusses women who have metastatic breast cancer who are working or plan on returning to work.
- mentions the Employment Equity Act



Canadian Cancer Society - Work

<http://www.cancer.ca/en/cancer-information/living-with-cancer/practical-matters/work-and-cancer/?region=on>

- answers questions that people who are returning to work might have about taking time off, discrimination, and financial concerns.



Cancer + Careers

<https://www.cancerandcareers.org/en>

- website designed to empower and educate people with cancer to thrive in their workplace by providing expert advice, interactive tools and educational events.
- information for people returning to work, employers, and co-workers.



Cancer and Work

<https://www.cancerandwork.ca/>

- website designed to help patients and survivors with the process of returning or staying at work.
- collaboratively built using the knowledge from cancer survivors, healthcare providers, vocational rehabilitation specialists, human resources professionals, and other experts.



Leukemia & Lymphoma Society of Canada – Speaking with your employer

<http://www.llscanada.org/managing-your-cancer/employment-rights-of-cancer-survivors-and-caregivers>

- information on the Canadian Labour Code and the rights cancer patients and survivors have when returning to work.
- how to avoid discrimination and ways to enforce your legal rights.



Medline Plus – Working during cancer treatment

<https://medlineplus.gov/ency/patientinstructions/000834.htm>

- how cancer may affect you at work, tips to help you work during treatment, how to talk to co-workers about cancer, and more.

