

Pathfinder Series: Advanced Breast Cancer

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books & Audiovisual

100 Questions and Answers about Metastatic Breast Cancer

Lillie D. Shockney

Call Number: 7.4.3 2022

- provides both doctor and patient perspectives as well as information on diagnosis, treatment, living with metastatic breast cancer, hormonal therapy, coping strategies, and more.

100 Questions and Answers about Triple-Negative Breast Cancer

Connie Henke Yarbo

Call number: 7.4.15 2022

- information on risk factors and prevention, diagnosis, treatment, survivorship, and more.

Websites

AdvancedBreastCancer.net

<https://advancedbreastcancer.net/>

- diagnosis, treatment, living with ABC, monitoring for recurrence, mental health, stories, forums, and more.



Breastcancer.org – Metastatic Breast Cancer

http://www.breastcancer.org/symptoms/types/recur_metast

- detailed information including facts and statistics, a surgical image gallery, links to podcasts, videos, discussion forums, virtual meetups, personal stories, and more.



Canadian Breast Cancer Network - Living with Metastatic Breast Cancer

https://www.cbcn.ca/en/what_is_mbc

- treatment options, bone health, clinical trials, community support, financial issues, and practical issues.
- includes MedSearch, a breast cancer drug navigation tool.



Living Beyond Breast Cancer – Living with Metastatic Breast Cancer

<https://www.lbbc.org/your-journey/living-with-metastatic-breast-cancer>

- quick facts, new treatment information, videos, recommended reading, frequently asked questions, and more.



Metastatic Breast Cancer Network

<http://www.mbcn.org/>

- started by 2 women who had been diagnosed with metastatic breast cancer (MBC) to provide support to people living with advanced breast cancer.
- information for the newly diagnosed, living with MBC, treatments, questions to ask your doctor, videos, support, and more.



When Cancer Returns

<https://www.cancer.gov/publications/patient-education/when-cancer-returns.pdf>

- booklet from the National Cancer Institute covers many topics relating to metastatic and recurrent cancer in general (not breast cancer specifically).
- chapters include managing side effects, talking with your health care team, your feelings, setting goals, and other resources.

