

Pathfinder Series: Brain Tumours

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books

About Brain Tumors: A Primer for Patients and Caregivers / American Brain Tumor Association

Call number: 7.5.1 2015

- information, resources, suggestions and experiences from patients and families.
- chapters on brain tumor basics, parts of the brain, types of brain tumors, etc.

Frankly Speaking About Cancer: Brain Tumors / National Brain Tumor Society and Cancer Support Community

Call number: 7.5.9 2019

- a collection of valuable resources, facts, and tips about the medical, practical, and emotional effects of brain tumours to help you (or an advocate) gain control and learn how to cope with the diagnosis.

Glioblastoma: A Guide for Patients and Loved Ones / Gideon Burrows

Call number: 7.5.2 2017

- readable and non-technical guide, comprehensive and patient-focused.
- helpful information about Glioblastoma and anaplastic astrocytoma, ranging from treatment options, coping with side effects, and more.

Two Steps Forward: Embracing Life with a Brain Tumor / Claire Snyman

Call number: 5.3.24 2022

- author diagnosed with a non-malignant brain tumor documents her personal awakening as she learns to be her own advocate.
- inspirational story of a woman, mother and wife told with honesty, clarity and revelation.

When Life Gives You Pears: The Healing Power of Family, Faith, and Funny People / Jeannie Gaffigan

Call number: 5.3.18 2019

- author recounts her own experience as a survivor of brain cancer, and the effect it had on her and her loved ones, using humour and sincerity in equal amounts.

Websites

American Brain Tumor Association

<https://www.abta.org/>

- information for the newly diagnosed, resources for caregivers, social & emotional support, educational webinars, and more.



Brain and Spine Foundation – Brain Tumour

<https://www.brainandspine.org.uk/health-information/booklets/brain-tumour-booklet/>

- U.K- based organization dedicated to providing information and support for patients with brain and spine conditions.
- booklets and fact sheets on a wide variety of topics, including those dealing with brain tumours, treatments, and more.



Brain Tumour Foundation of Canada

<http://www.braintumour.ca>

- national, non-profit organization dedicated to the needs of patients with a brain tumour by providing support, education, and funding for research.



Canadian Cancer Society – Brain and Spinal Tumours

<http://www.cancer.ca/en/cancer-information/cancer-type/brain-spinal/brain-and-spinal-tumours/?region=on>

- a good place to start research into brain tumours.
- covers a wide range of topics including risk education, screening, diagnosis, treatment, and supportive care.



MedlinePlus - Brain Tumors

<https://medlineplus.gov/braintumors.html>

- National Institute of Health's website offers free, reliable, up-to-date health information.
- produced by the National Library of Medicine, it includes links to journal articles and clinical trials as well as useful interactive tutorials and videos.



National Brain Tumor Society

<http://www.braintumor.org/>

- U.S. website with information, education and support for brain tumour patients and their loved ones.
- online community allows patients and family members to connect with others, ask questions and gain support.



Oncolink - Brain Tumors

<https://www.oncolink.org/cancers/brain-tumors>

- overview of different types of brain tumours, what they are, how they are treated, what to expect, links to further resources and much more.

