

Pathfinder Series: Head and Neck Cancers

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books

Cancers of the Head & Neck / William M. Lydiatt and Perry J. Johnson

Call number: 7.10.0 2019

- the emotional side of cancer, how doctors make a diagnosis, new treatments in immunotherapy and targeted therapies, reconstructive surgery, and experimental treatment through clinical trials.

Head and Neck Cancer: A Guide for Patients / Moustafa Mourad and Dr. Yadro Ducic

Call number: 7.10.1 2018

- authored by renowned authorities on head and neck cancer with decades of experience.
- answers all the common questions about your diagnosis and how to beat it with dignity.

Relatively Indolent But Relentless: A Cancer Treatment Journal / Matt Freedman

Call Number: 7.10.2 2014

- journal that visual artist Matt Freedman kept during his 35-day course of treatment (radiation and chemotherapy) for adenoid cystic carcinoma, a rare cancer that had spread from his tongue to his neck to his lungs by the time it was discovered.

Websites

American Cancer Society - Head and Neck Cancers

<https://www.cancer.org/cancer/types/head-neck-cancer.html>

- information about this disease and the parts of the body it may affect.
- everything from basic information to statistics, screening, prevention, latest research and survivorship.



BC Cancer - Head & Neck Cancer

<http://www.bccancer.bc.ca/health-info/types-of-cancer/head-neck>

- causes of head and neck cancers, screening, signs and symptoms, types, staging, treatments, and more.
- detailed information on laryngeal, mouth (oral), pharyngeal, salivary glands, and thyroid.



Canadian Cancer Society - What is Oral Cancer?

<http://www.cancer.ca/en/cancer-information/cancer-type/oral/oral-cancer/?region=on>

- information on oral cancer, different types of cancers and their staging, grading, risk factors, treatment, supportive care, statistics, and more.



Medline Plus - Head and Neck Cancer

<http://www.nlm.nih.gov/medlineplus/headandneckcancer.html>

- overview of head and neck cancers, their treatment and rehabilitation, as well as links to other useful and relevant sites on specific types of head and neck cancer.



National Cancer Institute - Head and Neck Cancer

<http://www.cancer.gov/types/head-and-neck>

- detailed overview of head and neck cancers, information about coping, treatment, research, screening and more.
- quality, credible information on many types of head and neck cancers.



Support for People with Oral and Head and Neck Cancer

<http://www.spohnc.org/>

- U.S.-based not-for-profit organization dedicated to meeting the needs of oral and head and neck cancer patients.
- news, blog, and information about head and neck cancer, treatment, webinars, resources, and more.



The Oral Cancer Foundation

<http://www.oralcancer.org/>

- U.S.-based organization dedicated to promoting prevention, awareness and information about oral cancers.
- latest in oral cancer news and research, podcast, free and anonymous discussion forum, YouTube channel with relevant videos of patient stories and information, and more.

