

# Pathfinder Series: Lymphoma

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

## Book

***Living with Lymphoma: A Patient's Guide*** / Elizabeth Adler

Call number: 7.13.18 2016

- author thoroughly explains the disease, describing the many different kinds of Hodgkin and non-Hodgkin lymphoma.
- descriptions of the wide range of symptoms and the various treatment options available.
- gives readers the background necessary to understand and evaluate medical literature and to ask their physicians questions specific to their own needs.

## Websites

### American Cancer Society:

Non-Hodgkin Lymphoma:

<https://www.cancer.org/cancer/types/non-hodgkin-lymphoma.html>



Hodgkin Lymphoma:

<https://www.cancer.org/cancer/types/hodgkin-lymphoma.html>



- information about all types of cancer, supportive care, research, survivorship issues, coping and much more.
- multimedia section includes videos and podcasts on relevant topics.
- printable guides, fact sheets and other resources.

## **Leukemia & Lymphoma Society of Canada**

<https://www.bloodcancers.ca/>

- one of the largest organizations devoted to research, patient education and information about all blood-related cancers.
- financial and emotional support, a discussion forum, disease and treatment information, a call centre for live assistance, and much more.



## **Life Beyond Lymphoma**

<https://www.lymphoma.ca/life-beyond/>

- from Lymphoma Canada, this is an interactive site, aimed at lymphoma patients who are in the off-treatment phase of their lymphoma journey.
- focus on survivorship, coping and supportive care topics.



## **Lymphoma Canada**

<http://www.lymphoma.ca/>

- information about the different types of lymphoma, including a comprehensive section for the newly diagnosed patient, tips for good communication with your healthcare team, and more.



## **Lymphoma Research Foundation**

<https://www.lymphoma.org/>

- information about lymphoma, the signs and symptoms, as well as treatment options.
- access to the LRF Helpline, information about clinical trials, webcasts, the LRF mobile app, and lymphoma support network.



## **National Cancer Institute – Lymphoma**

<http://www.cancer.gov/types/lymphoma>

- one of the most comprehensive sites on lymphoma.
- regularly updated information on treatment, research, articles and much more.
- emotions, adjusting, support for caregivers, survivorship, and more.

