

Pathfinder Series: Ovarian Cancer

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books

100 Questions and Answers about Ovarian Cancer / Don S. Dizon and Dorinda Sparacio

Call number: 7.6.1 2022

- this 4th edition gives you authoritative, practical answers to your questions about treatment options, post-treatment quality of life, sources of support, and much more.
- an invaluable resource for anyone coping with the physical and emotional turmoil of this disease.

A Guide to Survivorship for Women with Ovarian Cancer / Robert E. Bristow, et al.

Call number: 7.6.15 2015

- diagnosis, treatment, including surgery, chemotherapy, radiation, pain management, and integrative medicine, image recovery, nutrition, pain control and genetic testing.
- with candor, compassion, and hope, women who have ovarian cancer share advice on coping with the life-changing disease and its treatments.

Memoir of a Debulked Woman: Enduring Ovarian Cancer / Susan Gubar

Call number: 7.6.22 2012

- renowned feminist scholar Susan Gubar explores the physical and psychological ordeal of living with ovarian cancer.
- powerful memoir mines the deepest levels of anguish and devotion as she struggles to come to terms with her body's betrayal.

Ovarian Cancer / National Comprehensive Cancer Network

Call number: 7.6.3 2017

- treatment guidelines suggest what the best practice is for cancer care.
- information in this patient book is based on the guidelines written for doctors.

Understanding Ovarian Cancer / Ovarian Cancer Canada

Call number: 7.6.2 2024

- resource developed by Ovarian Cancer Canada, to support and inform women through their journeys with ovarian cancer.
- highlights personal contributions from a panel of seven survivors, combining their firsthand insights with expert knowledge from medical professionals, healthcare providers, and social workers to present the best available information on ovarian cancer.

Websites

American Cancer Society – About Ovarian Cancer

<http://www.cancer.net/cancer-types/ovarian-cancer>

- diagnosis and staging, treatment options, post-treatment life, and more.



Centers for Disease Control - Ovarian Cancer

<https://www.cdc.gov/ovarian-cancer/index.html>

- basics, symptoms, risk factors, treatment, statistics, videos, podcasts, survivor stories, and more.



Foundation for Women’s Cancer

<http://www.foundationforwomenscancer.org/>

- an organization that supports research, education and awareness for all gynecologic cancers, with a section on ovarian cancer.
- information on the site includes downloadable fact sheets, booklets, and videos.



National Ovarian Cancer Coalition

<http://ovarian.org/>

- print and downloadable resources for newly diagnosed women, women dealing with recurrent disease, as well as resources on quality of life issues and resources for caregivers.
- peer support programs, online education programs, news, and more.



National Cancer Institute – Ovarian, Fallopian Tube, and Primary Peritoneal Cancer

<http://www.cancer.gov/cancertopics/types/ovarian>

- one of the most comprehensive cancer information sites on the web.
- information on causes, treatment, research, coping with cancer, statistics, and much more.



Ovarian Cancer Canada

<http://ovariancanada.org/>

- overview of the disease and treatment information for both newly diagnosed women and women dealing with disease recurrence.
- order a free resource guide, join the peer support community, attend virtual education events, watch videos, and more.

