

Pathfinder Series: Young People with Breast Cancer

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Websites

Canadian Breast Cancer Network – Never Too Young

https://www.cbcn.ca/en/never_too_young

- practical and emotional support for young women with breast cancer.
- “deals with the psychosocial aspects of the illness; that is, the interaction between social and psychological factors related to breast cancer.”



FORCE: Facing Hereditary Cancer EMPOWERED

<http://www.facingourrisk.org/>

- founded on the principle that no one should have to face hereditary breast and ovarian cancer alone.
- dedicated to improving the lives of individuals and families affected by hereditary breast, ovarian, and related cancers.



Living Beyond Breast Cancer – Breast cancer in young women

<https://www.lbbc.org/young-women>

- acknowledge that your psychosocial and medical concerns are different than those of women over age 45.
- dedicated to providing you with age-appropriate information and resources specific to your needs.



Pink Pearl Canada

<http://www.pinkpearlcanada.org>

- charitable organization focused on bringing together young women affected by cancer through a network of peer support and innovative programs.
- support packages, retreats, local socials, counselling, scholarship, and more.



PYNK: Young Women with Breast Cancer

<https://www.hamiltonhealthsciences.ca/areas-of-care/cancer-care/cancer-services/pynk/>

- program, available at the Juravinski Cancer Centre, aiming to address the special clinical, psychological, research and educational needs of younger women with breast cancer.
- together with your treating oncologist and nursing team, the PYNK nurse coordinator will assess your individual needs and connect you with the appropriate specialists and resources.



Rethink Breast Cancer

<http://rethinkbreastcancer.com/>

- charity that brings bold, relevant awareness to the under-40 crowd.
- look to foster a new generation of young and influential breast cancer supporters, infuse sass and style into the cause, and respond to the unique needs of young women going through it.



Stupid Cancer

<https://stupidcancer.org/>

- online cancer supports for adolescents and young adults
- U.S.-based site with resources for mental health, caregiving, sex & relationships, adulting, family & fertility, and more.



Susan G. Komen – Unique Issues for Young Women with Breast Cancer

<https://ww5.komen.org/BreastCancer/YoungWomenandBreastCancer.html>

- organization addresses breast cancer on multiple fronts such as research, community health, global outreach and public policy initiatives in order to make the biggest impact against cancer.



YACC - Young Adult Cancer Canada

<https://www.youngadultcancer.ca/>

- mission is to “support young adults living with, through, and beyond cancer.”
- website includes information about private Facebook groups and programs such as retreats, conferences, and social activity-based events.



Young Survival Coalition

<http://www.youngsurvival.org/>

- U.S.-based organization specifically focused on the needs of young women with breast cancer.
- information on breast cancer itself, treatment, reconstructive surgery, how to ensure your best quality of life, and more.

